Firstly one would need to identify what the sources are of humidity. As from the post before, things such as baths/showers, cooking, clothes dryers and firewood indoors can increase humidity. With humidity comes bacteria and mould, this happens in new homes and more commonly in basements. Despite all this, there are ways to get rid of humidity and mould. Things such as opening the window more often, keeping the house ventilated through out the day with ventilation systems such as the ones in kitchens and bathrooms. Try drying your clothes outside in the garden or if inside, keep the windows open. Though the best option would be to keep a dehumidifier inside that has a laundry function so the weather would not be an issue. Insulate the doors and windows so that there are no gaps for moisture to move in and out of the house. So the air temperature can be kept as similar as the one outside the house. Check vents, which can keep mould and rust about, so keeping these things clean or new will help.

Many countries, especially in Asia and the ones closer to the equator, humidity is very common and sometimes all year round. Despite this, houses in Europe and America are so big that it is hard to keep the whole place ventilated and always clean. A way to further help keep the temperature normal and comfortable one should get a dehumidifier, people think that this is bad for the environment. Which in actual fact it is not and can keep things and the air clean. It takes the heavy dense air and turns it to water in simple terms. So things such as wet damp rooms full of drying clothes, if one had a dehumidifier it would dry a lot sooner and prevent damp or mould to grow. Not only does it keep out the humidity it cleans the air and keeps it fresh even with the windows open.